



Back to School | AAC Awareness Month | Insurance Updates & Teletherapy TLC CELEBRATES 7 YEARS!!!



Although school is back in session, it looks a lot different than last year. Full remote distance learning, hybrids, half-days, full day, oh my!

This new learning has us all little stressed. Balancing work, school, and life, has never been harder. TLC is here to support our families. Talk to your SLP about ways we can support speech-language skills in the home.

www.tlcspeechct.com

Parent Resources about technology use and language.

Zoom meetings, Google meets, Face Time, Duo, and virtual classes have us in front of a screen more now than ever.

Personally and professionally I've increased my screen time tremendously. It may be doing teletherapy, PPTs, consultations, or just "seeing" my family. When I think of how much time my children are in front of a screen, and I am really concerned. It may be distance learning, talking with friends, video games, or watching videos/movies. I worry about the physical and social toll this may have on them since they are still developing skills.

Physically, they are sitting a lot more now than they were before, just watching something. Socially, they are missing learning non-verbal cues we pick up in real life (e.g. watching someone's body language, listening to their tone and intonation for inferencing,) and even conversational skills may be impacted. What's the impact of all this tech time on language? Below are some links about the impact, and what we can do...



TLC's Calendar:

October-

Every Saturday in October we will be offering **FREE** speech and language screenings by appointment only. We are strongly committed to early identification and intervention, and have offered this **FREE** service every year since opening our doors in 2013. The screenings are for children between the ages of 3-6:11. Please spread the word!

November-

November 7th is the ASRC's virtual resource fair. This year will look a bit different, but TLC will "be" there. We hope you hop on your computer and visit us.



AAC Awareness Month



Augmentative (to support) and Alternative (to replace) Communication (AAC)

AAC aides individuals to communicate using modalities such as: picture symbols, speech generating devices, gestures, and sign language, just to name a few. Many of our clients at TLC use AAC to communicate throughout their day. This allows them to access vocabulary for their home, school, and community settings,

participate in social interactions, express their feelings, as well as make needs and wants known. Being able to communicate these things often decreases frustration. Research shows that the use of AAC does not hinder a person from using verbal communication, but actually supports it. AAC is used not only by the pediatric population, but adults and geriatrics as well. Often times AAC is used with adults who may have difficulty with verbal productions after a stroke, or with individuals who've been diagnosed with ALS. AAC can support those with CP, as well as ASD as well.

As a communication partner for someone who uses AAC, it's important we use aided language stimulation. Aided language stimulation is modeling the use of an individual's communication system while communicating with them. In reality, we are "speaking their language."

Throughout this month, TLC will post videos of a very special client they have who uses AAC to communicate. You will see how she is able to communicate her wants, her opinion, her feelings, as well as have environmental controls she otherwise wouldn't have. (That's right, she uses her AAC system to tell Echo to change songs.)

Communication is always the goal- in whatever form it is!

TLC Updates



LOTS OF EXCITING NEWS AT TLC....

Our therapist Lisa and her husband welcomed Hailey to the world in August. (Hailey was so excited, she came a month early!) Everyone is doing well!

Therapist Kerryann married soul mate in September. We wish the newlyweds well! Kerryann they've purchased a new home as well, in Wallingford! Congratulations!

INSURANCE UPDATES 2020

Many plans have a renewal date of October. If your plan, policy, or carrier has changed, please notify us immediately.

A law was passed which stated teletherapy end dates for all insurances is March, 2021.

Please contact Lynn regarding any concerns you have regarding billing or insurance.



In September, TLC celebrated its 7 year anniversary! We are so happy we've been able to service our community and do what we love!



TLC is proud to have received an award as the best speech-language therapy clinic in Wallingford for 5 years in row!

TLC prides itself on being an intimate clinic where all families feel welcome. We strive to make each child and caregiver feel supported. We'd love to share the wonderful work we do here on the internet, so if you are willing to sign a photo/video release, please do so with your therapist. Don't forget to post and share our social media posts on your page! If you are interested, please feel free to email Lynn LaValley a testimonial about your therapist to be published, and/or rate us on [Google](#). (Click on Google review, then write review.)

